



DECISIVENESS

The Key To Leading Yourself . . . And Your Life

"It is in your moments of decision that your destiny is shaped." - TONY ROBBINS



An Indispensable e-Guide For Mastering The Ability To
Make Effective And Congruent Decisions

by deon du plessis



guides to
SELF MASTERY

DECISIVENESS

The Key To Leading Yourself . . . And Your Life

“A sign of wisdom and maturity is when you come to terms with the realization that your decisions cause your rewards and consequences. You are responsible for your life, and your ultimate success depends on the choices you make.” - DENIS WAITLEY



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guides to
SELF MASTERY

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Chapter 1

A Short Introduction to Decisiveness

“The way to develop decisiveness is to start right where you are, with the very next question you face.”

- NAPOLEON HILL

In this chapter we will take a quick look at decisiveness; what it really means and why it is so important to be the master of your decisions. Every second that we are alive, our decisions determine not just what we do, but also how we feel and where we go in life. We will also take a look at the importance of your decisions when it comes to achievement and fulfillment and how your decisions determine the quality of your life. One of the most important ideas behind this guide is to awaken an awareness in you that you always have a choice in every second you are alive. By becoming aware of this fact you can start to develop a decisiveness as part of your character that will empower you to take spontaneous ‘right’ action.

In This Chapter ...

- + A Lesson From The Elephant
- + The Origin Of Your Decisions
- + So, Why Do You Really Want To Be More Decisive?
- + Decisiveness, Achievement And Fulfillment
- + A Note On Reading This Guide

❖ A LESSON FROM THE ELEPHANT

The elephants that roam the African Savannah have a very distinctive habit that reveals a great deal about their remarkable personalities. Whenever these elephants are indecisive they have the habit of coming to a complete halt and lifting their front legs off the ground they deliberate and contemplate their options. Deciding on which direction to walk in can often mean the difference between life and death for these amazing creatures. Their journey to the next watering hole can be as much as a couple of days walk away. It is therefore critically important to make the right decision. These elephants can often be seen standing with their legs in the air as they ‘think about’ their options and what to do next.

Although human beings don’t have quite the same tell-tale signs as these elephants, indecision tends to have pretty much the same effect on us – it keeps us immobilized. When you are indecisive you remain immobilized and seemingly unable to move your life in any direction, not to mention moving your life in the direction you desire. Most people are so concerned with making the ‘right decisions’ or fear making the ‘wrong decisions’ so much that they end up never really making any and they get caught up in a life of indecision and procrastination. They remain stuck in circumstances and events that they don’t really want to be in, but they can’t seem to make the decisions that will move them out of those circumstances. Like the elephants we tend to remain immobilized by the fear of making the ‘wrong decisions’ when we contemplate the imagined consequences of our potentially ‘wrong’ decisions.

Decisions form a very important part of personal growth and your own self development. All your actions are preceded by decisions – your decisions are what gives rise to your actions. One of the main messages in this guide is that when you get to a fork in the road – TAKE IT! One clear and consistent message from almost any successful person is exactly that: just do it! Although you’ve probably heard that many times before, I trust that this guide will help to push you over the edge; to actually do it. Don’t allow indecision to leave you stranded and immobilized. It is more important to keep moving and growing than to make the ‘right decisions’. As you will see the whole concept of right and wrong is actually of very little consequence.

This guide is not trying to be the all and everything regarding the much published concept of decisiveness. If you’ve ever read any of those books then you will probably notice that this guide follows a very different approach. The traditional models of decisiveness comes primarily from a business context and most of them present models for making the ‘right decisions’. If anything, this guide will give you a different perspective and will give you some key ideas to help you develop your inherent ability to be more decisive. Becoming more decisive is not so much about learning a skill, as it is about ‘unlearning’ certain ideas and habits that keeps you from tapping into this powerful ability that slumbers underneath all your old habits and conditioned responses.

Anyone can make weak decisions that last about 5 minutes. The second a challenge shows up they simply go back to what feels comfortable and although the choice to go back is mostly a conscious one, it is still a choice. This guide is aimed at eradicating that sort of disempowering behavior that robs so many people of the ultimate power to truly make decisions that stick; decisions that create results; decisions that you choose to make instead of just going with the flow and accepting whatever

happens to show up.

Decisiveness is not so much something you are as it is something that you do. As you keep doing it you become decisive to the point where your instinctive reaction is to make prompt decisions and take action instead of pondering for days and weeks on the simplest decisions. You must realize that the only real currency in life is time and once you start to value it accordingly you will treat it with a new-found value that will make the concept of decisiveness something that is real and powerful. Decisive people are those individuals that are able to access any situation and to make prompt, committed and congruent decisions and they then act on it immediately and confidently until they see it through - all the way. These are the people that make things happen.

Decisiveness is an essential skill in success of any kind. This guide will help to show you how to make intelligent, creative and prompt decisions that you can stay committed to until you succeed.

❖ THE ORIGIN OF YOUR DECISIONS

Decisiveness is not something that you need to ‘get’ from an external source. You are already decisive – you are merely using your decisiveness unconsciously. We are all bound to make decisions. Even not making a decision is a decision in itself. The real power however is the ability to make conscious decisions for the majority of your decisions are made unconsciously based on your conditioned responses.

Being decisive is a quality that most people aspire to. You can say that decisiveness is considered to be a virtue in our society; it is a quality of character that most people value. We need to stop and ask ourselves what it is that is really so desirable about having this characteristic.

Decisions are born from ideas and ideas are only thoughts. You are the only one who is in control of your thoughts and your ideas. No one can think your thoughts and no one can make your decisions for you. You must realize that you own yourself and your own decisions. By assuming this responsibility you invoke one of the greatest powers you possess as a person, which is the power to dictate the direction of your life.

❖ SO, WHY DO YOU REALLY WANT TO BE MORE DECISIVE?

My guess is that you don’t necessarily want to be more decisive for the mere sake of it. My guess is that you are after the results that being decisive will give you. It is with this in mind that I decided to write this guide.

The real reason why you would want to be more decisive is because of what it will empower you to do and achieve. The way it will make you feel to be the kind of person that is decisive; being the kind of person that has the ability to make a decision, stick to it no matter what and to create any desired result that she commits to is priceless. Being able to decide and then know that whatever decision you

make, you will make it happen, no matter what. You have that power, the power to affect any situation in your life.

Anyone can make weak decisions that last about 5 minutes. The second the first challenge shows up they simply go back to what feels comfortable. Although the choice to go back is a conscious one, it is still a choice. This book is exactly aimed at eradicating that sort of disempowering behavior that robs so many people of the ultimate power to truly make decisions that stick; decisions that create results that you choose instead of just going with the flow and accepting that which happens to show up.

When you are decisive you are mobilized – you have the ability to move any aspect of your life in a definitive direction. Decisiveness will enable you to utilize opportunities because you are able to make decisions and you will start to see the abundance of opportunities that open up to you. This places you back in the driving seat of your life. Now you are behind the wheel. You are driving your life and by being decisive you can do it consciously instead of allowing events and circumstances to do it for you.

Being decisive will help you to get rid of some of the frustrations that you might be experiencing in ‘not being able’ to accomplish your goals. On a deeper level we all know what we are really capable of. When we fail to actualize this inner knowing we tend to feel frustrated and this frustration often translates into negative behaviors that distract us from living an extraordinary life. Decisive people make things happen because they know that real decisions lead to action and it is your actions that will take you where you want to go in life.

❖ **DECISIVENESS, ACHIEVEMENT AND FULFILLMENT**

One of the key ingredients in achievement is decisiveness. There is a direct correlation between high achievers and decisiveness, simply because people who are decisive can take effective and intelligent action while the rest still ponder and doubt. Indecisive people tend to waste inordinate amounts of time pondering and weighing up options and possibilities. Self doubt and uncertainty fuels their indecisiveness

Decisive people, although they don’t like to fail, are not afraid of failing. This is what you call courage – it is not the absence of fear, but the ability to act despite the fear. Because of this they are able to take action while others remain immobilized by fear. Being decisive is a very powerful way of overcoming fear, but it requires courage. Decisions lead to action and all achievement is directly connected to action. Successful people keep moving and although they fail often, they never quit.

“The most splendid achievement of all is the constant striving to surpass yourself and to be worthy of your own approval.” - DENIS WAITLEY

Fulfillment does not come from achievement, but from actually growing and consistently moving towards your dreams and desires. The hardest step in achieving anything in life is not in the actual process of achievement, but in actually making the decision and in committing, beyond a shadow of a doubt to the achievement of your goal. Real achievement never happens when you reach your goal.

Real achievement happens the instant when you absolutely commit to a specific result .

“People become successful the minute they decide to.” – HARVEY MACKAY

Most people seem to think that achievement happens when you reach your goal. The real victory, on an emotional level, happens way before you experience the fruits of your decision. The great boxer, Mohammed Ali knew this. He used to say that his victories happen outside the ring, way before the fight. The victory, he said, happens in his mind long before he even steps into the ring. Reaching a place of total resolve in your mind is the definitive step in achievement of any kind and it all starts with one action you take with your thoughts – it happens when you make the decision.

❖ A NOTE ON READING THIS GUIDE

For this guide to be truly effective it is important for you to realize that this guide will not ‘give’ you anything. It will, however help you to give yourself some distinctions and ideas that will enable you to destroy some of your conditioning and help you to become more effective as a confident decision maker.

Someone once said that there is a big difference between an eager man who wants to read a book and a tired man who wants a book to read. I want to challenge you to approach this guide not as an informative book to read before bedtime, but as a guide. Whenever you read anything that appeal to you – make a note and decide to implement it in your life. I want to challenge you to read it with an active state of mind and to really be with the words and to really allow it to be absorbed into your mind and your thinking.

It is often just one idea that can change everything for you. See, you don’t need millions of ideas to change your life. One idea that you apply and use it worth infinitely more than an awareness of ten, although an awareness can be very powerful in itself. The real power of books is not in what it does for you, but in what you do with the ideas. Inspiration and motivation is only half the battle. You must implement it and make it part of your life for it to be truly effective. You get to decide right now, before you even start, what you are going to do with this guide that you have in front of you. What will it be? Are you going to use and apply a few simple ideas or are you just going to read it and ‘see what it does for you?’

I want to reassure you of my total commitment to be a good teacher and coach to you. My outcome for you is to give yourself this great gift of decisiveness. You might be a little skeptical at this point, skeptical about whether this guide can really show you the way to decisiveness and skeptical in you own abilities. That’s good. I can assure you that if you are a human being and you can read these words, then you have the ability to be incredibly decisive. I trust that you will find in this guide several ideas and words that will trigger within you the realization and the appropriate response to reawaken your own inherent ability to direct your life with your decisions. I want to affirm my commitment to helping you. If you have any questions, comments or suggestions, please don’t hesitate to [contact me](#).

I Wish You Peace, Love and Joy!

Deon Du Plessis



Get The Rest Of This 'Manual' To Decisiveness...

This guide to decisiveness forms an integral part of the (in)action program. Decisiveness is not only a vital 'skill' to have, but one of the most important key factors in being successful at anything in life.

Your decisions create your actions and by learning to make effective decisions you can learn to take effective action. [Click Here](#) To Get Immediate Access To The Full (in)action Program...

(in)action is a comprehensive program that will change the way you do things forever - whether it be your business, your relationships or your health. There are certain **fundamental principles** that can help you go beyond procrastination and indecision and become truly action minded – that is to have a natural preference for taking action and just getting g things done. Don't hesitate and act now! **You've got nothing to loose.** (in)action comes with a 60 day money back guarantee.

[Click here to take action...](#)

"If you don't make things happen then things will happen to you." - ROBERT COLLIER